

## Registration Information

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Position \_\_\_\_\_

Age \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_

Email Address \_\_\_\_\_

Emergency Contact Name and Phone Number \_\_\_\_\_

Insurance Carrier & Policy # \_\_\_\_\_

## Teams Welcome!

Adult T-Shirt Size S M L

\$175 (Payable to Throw90)

Location: Patriots Pt., Mt. Pleasant, SC

\* Lunch available to purchase for \$5 each day \*

I/We the undersigned hereby certify that I (we) am (are) the parent or legal guardian of the camper. I hereby give permission for the staff of the Camp to seek during the period of the Camp appropriate medical attention for the camper and for medical attention to be given and for the camper to receive medical attention in the event of an accident, injury, or illness. I/We will be responsible for any and all costs of medical attention and treatment, except for that covered by the Camp's excess medical coverage policy.

I/We the undersigned for ourselves and as guardians of said player \_\_\_\_\_ understand that baseball is an active, physical sport, and that injuries can take place during play. I/we also understand there will be a number of children attending camp, there will be a limited number of coaches and/or counselors, and that our child cannot receive individualized attention and supervision all of the time. I/We understand that, as with any sport, injuries can occur, and we hereby acknowledge that our child is physically fit and mentally capable of participating in baseball and camp activities.

I/We represent that I/We have sought the opinion of our child's pediatrician, and he/she concurs that, is fully capable of safely engaging in these activities. I/We also understand that it is my/our responsibility in caring for the campers listed above, to be assured that he/she is fully capable of engaging in this sports activity, and I/we are confident that he/she is able to engage in such sport.

I/We, the undersigned for ourselves, our heirs, executors and administrators, waive, release and forever discharge College of Charleston & StrikeZone Enterprises, LLC. (dba Throw90) and its staff, officers, agents, employees, representatives, successors and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained or occur during participation in Camp activities or while at Camp. Cancellation policy available online at [www.Throw90.com](http://www.Throw90.com) - No Refunds.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Spend two intense days showcasing and refining your baseball skills with the NCAA Division I nationally ranked College of Charleston Cougars!



[www.CofCSports.com](http://www.CofCSports.com)

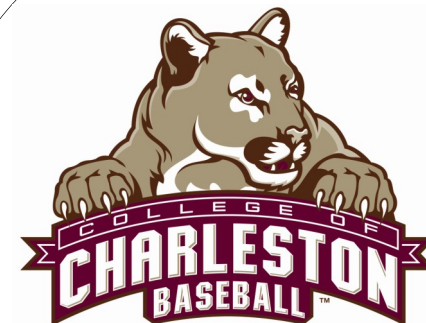


**Register Online TODAY at**  
**[www.Throw90.com](http://www.Throw90.com)**

**Register online or complete  
Registration Form and Return to:  
College of Charleston Baseball Camps  
66 George St.  
Charleston, SC 29424**

**Hotel arrangements can be made through the  
Sleep Inn—Mt. Pleasant, SC**

**(843) 856-5000 Ask for the \$62 Camp Rate  
[www.GatewayHospitality.com](http://www.GatewayHospitality.com)**



**2008 Pre-Season  
Baseball Camp**

**Featuring:**

**John Pawlowski  
Head Baseball Coach  
College of Charleston**

**January 19-20**

**Ages 10-18**

**Teams  
Welcome!**

## 2008 Pre-Season Camp



### General Skills Pre-Season Camp

January 19-20, 2008

10am—4pm for ages 10-18

Registration begins Saturday at 9am

- ◆ Includes concentrated instruction & evaluation on hitting, pitching, and defensive play
- ◆ Special strength and conditioning skills
- ◆ Successful College and High School Coaches
- ◆ Teams Welcome! - Call for group rates
- ◆ Players to Bring: Hat, Glove, Cleats, Bat, Tennis Shoes (indoor facility), Batting Gloves, Helmet, and Catcher's Gear (if applicable)



### Previous Camper Statement:

*"Recently I went to one of your pitching camps. I enjoyed it, but most importantly I learned a great deal about my mechanics. I feel that because I attended your camp, I will become a much better ball player, and a much better person. You might not realize it but you have impacted my life in motivating me to achieve my goals as a baseball player and as a person. So I would like to say thank you."*



**For additional information contact:  
(843) 953-6722 or (843) 953-5916  
(Coach@Throw90.com)**

### Sign up TODAY!

*"It is our intent that every aspect of this camp will have the same degree of quality that our college programs have. Regardless of age or ability, each player will acquire a better knowledge and understanding of the game. We look forward to seeing you at camp!"*

Sponsored by:



## Camp Staff



**John Pawlowski**, former major leaguer, is in his ninth season as head coach at the College of Charleston. He's led the Cougars to a 299-172 record over his first eight seasons at the helm and was named the 2007, 2005, and 2004 Southern Conference Coach of the Year. He was recognized in Baseball America's 2005 Mid-Season report as top coach in the nation.

In 2007 the Cougars were 39-19 (20-7), and won their fourth straight Southern Conference Title. The team led the nation in batting average, slugging percentage, and runs scored. Seven players were drafted by Major League teams.

In 2006 the Cougars went 46-17 (20-7) – and were the Southern Conference Tournament Champions earning an automatic NCAA Regional bid. The team was the #2 seed in the Lexington, KY regional and swept their way to earning a super regional berth at Georgia Tech.

The program has had numerous players earn national honors during his tenure and over 40 players previously coached have gone on to play professionally. Pawlowski, 44, has spent the past eleven years coaching on the college ranks after an eight-year professional career with the White Sox, Angels and Orioles. Prior to Charleston he was an assistant at Clemson and Arizona State.

**Scott Foxhall**—Assistant Coach Scott Foxhall enters his 11th season as the Recruiting Coordinator and Pitching Coach for the Cougars. He has produced the Southern Conference Pitcher of the Year in each of the past four seasons. Since 2005 the Cougars have had 16 players sign pro contracts and 8 of them were pitchers. He has now seen a total of 15 of his pitchers sign professionally.

**Matt Heath**- In his second season at CofC and 4th overall as a college coach, Heath played collegiately at Florida and LSU. At LSU, Heath was a two-time All-SEC Tournament selection. After graduating from LSU, he signed a pro contract and played in the Arizona Diamondbacks' organization for two seasons. In 2007 he oversaw a Cougars' offense that led the nation in multiple categories.

**Chris Morris**—In his second season as an assistant coach at CofC, he played a total of six seasons in the St. Louis, Milwaukee and LA Angels organizations. He earned his degree at CofC and played collegiately at The Citadel (1998-00) where he earned 1st All-America honors by USA Today and Baseball Weekly in 2000, after leading the nation with a Southern Conference-record 84 stolen bases.

**Other college and high school coaches!**